



## Our Family Contract for Social Media

The following are our family's rules and expectations regarding all forms of social media. Signing this contract means you agree to follow all the rules and you will accept the consequences if you choose to ignore/break a rule.

1. I understand my parents have the right to monitor of all my social media accounts.
2. I will be respectful when using social media. I will not post or forward disrespectful statements, quotes, pictures, etc. that may hurt someone else in any way.
3. I will not bully anyone or share/forward/retweet anyone else's bullying messages.
4. My parents will have all of my passwords. They may see my posts, pictures, texts, tweets, videos, etc. at any point in time.
5. I will not use social media while driving. Distracted driving will result in immediate loss of both phone and driving privileges.
6. If I have data limits, I will pay for any costs over my limits within 30 days. If this offense is repeated, I will lose phone privileges until I have paid this bill and my parents can trust me to stay within the limits again.
7. I will follow the Grandma Rule...If I would be embarrassed about my elders seeing what I post while using social media, then I won't do it.
8. I will not send inappropriate photos or videos of myself or forward such photos or videos of others. My parents and I will clearly define "inappropriate" so there is no confusion.
9. If I receive inappropriate photos, mean or abusive messages, or anything else that makes me uncomfortable, I will show my parents about it immediately. I understand my parents want the best for me and they will support me through this situation.

I understand that my parents care about me, trust me and are here for me. If I make a mistake I will own up to it, accept the appropriate discipline and work to earn my parents' trust again.

Child's signature: \_\_\_\_\_

Parent signature(s): \_\_\_\_\_